

Office of the Principal & Controller, RUHS College of Medical Sciences, Jaipur

(Constituent College of Rajasthan University of Health Sciences)

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(Rajasthan)

No. RUHS-CMS/Academic/2026-27/ Sp-1

Date: 15/09/2026

Foundation Course for MBBS Batch 2026-27 w.e.f. 15-09-2026

Date	Time	Topics for Orientation	Faculty
15.09.26	08 AM – 10 AM	Ice breaking – introduction with classmates	Dr. Mahima Sharma Dr. Manju Jha Dr. Prakriti
	10 AM – 01 PM	Getting to know your Campus – Academic Block, Administrative block	Department of Physiology Dr. Madhuri Sharma Dr. Madhika Shah
	02 PM – 04 PM	Getting to know your Campus – Library, Sports ground, Hospital Vaccination Centre	Dr. Reshu Gupta Dr. Manish Khandelwal
16.09.26	08 AM – 09 AM	Mental Health	Dr. Madhika Shah
	09 AM – 11 AM	Sports & Extra Curricular Activities	Sports Complex Dr. Chandrajeet Singh Chandel
	11 AM – 12 Noon	Communication skills	Guest faculty
	12 Noon – 01 PM	Medico legal aspects of consumer protection	Dr. Priyank Gupta
	02 PM – 04 PM	Overview of Pre and Para Clinical Subjects	Dr. Rajprabha Dr. Seema Prakash Dr. Jitendra Ahuja Dr. Gaurav Dalela Dr. Hema Udawat Dr. Alka Bansal
17.09.26	08 AM – 09 AM	Medical profession and Physician role in society	Dr. Maya Hada
	09 AM – 10 AM	First AID	Dr. Deeksha Mehta
	10 AM – 11 AM	The concept of mentorship: Roles and expectations of mentors and mentees	Dr. Jitendra Ahuja
	11 AM – 12 Noon	Biomedical Waste management	Dr. Priyanka Jain
	12 Noon – 01 PM	Mental Health	Dr. Madhika Shah
	02 PM – 03 PM	Overview of Clinical subjects	Dr. Mohd Abbas Ali Dr. Deepandra Garg Dr. Prahlad Dhakar Dr. Arpana Garg
	03-04 PM	Time Management: Eisenhower task prioritization and distraction reduction	Guest faculty
18.09.26	08 AM -9 AM	Language, communication and IT skills	Guest Faculty
	09 AM – 10 AM	Blood donation and its importance	Dr. Rajaram
	11 AM – 12 Noon	Public health ethics	Dr. Chhavi Shripat
	12 Noon – 01 PM	Personal protective equipment; correct donning and doffing	Dr. Nilofar Khayyam
	02 PM – 03 PM	Consequences of unprofessional and unethical behaviour	Guest faculty
	03 PM – 04 PM	Simulation based Learning	Dr. Reshu Gupta
19.09.26	08 AM – 09 AM	Codes of medical ethics conduct and	Dr. Mahima Sharma



		codes of etiquettes	
	09 AM – 10 AM	Infection Control in Hospital	Dr. Gaurav Dalela
	10 AM – 11 AM	Levels of Prevention	Dr. Vaseem Naheed Baig
	11 AM – 12 Noon	Pre-hospital Emergency Care and Safe Patient Transport	Dr. Sanchit Jain
	12 Noon – 01 PM	Care of Terminally ill, Euthanasia	Dr. Manish Khandelwal
	02 PM – 03 PM	Duties and responsibilities of doctors to patients in general	Dr. Mohd Abbas Ali
	03 PM – 04 PM	Anti-ragging Guidelines	Dr. Jitendra Ahuja
22.09.26	08 AM – 9 AM	Stress Management Skills	Dr. Kusum
	09 AM – 10 AM	Emerging medical technologies: ethical concerns	Dr. Monika Gupta
	10 AM – 11 AM	Understanding Assessment in MBBS: Formative Assessment, Feedback, Logbooks and Internal Assessment	Dr. Sonali Sharma
	11 AM-12 Noon	Gender Sensitivity, Disability Awareness and Respectful Healthcare	Dr. Rajprabha
	12 Noon – 01 PM	Duties and responsibilities of doctors to public and paramedical staff in general	Dr. Raghav Mehta
	02 PM – 03 PM	Competency Based Medical Education (NMC)	Guest faculty Convenor, NMC Regional centre for Medical Education trainings
	03 PM- 04 PM	Self-directed learning	Dr. Jaya Dadhich
23.9.26	08 AM – 10 AM	Basic Life Support (BLS) and Emergency Response	Dr. Sandeep Kothari
	10 AM – 11 AM	Issues related to reproductive health	Dr. Vassem N. Baig
	11 AM – 12 Noon	Attitude, Ethics and Communication (AETCOM)	Dr. Reshu Gupta
	12 Noon – 01 PM	Biosafety, Universal Precautions and Hand Hygiene – Hands-on Session	Dr. Gaurav Dalela
	02 PM – 03 PM	Need and importance of Information Technology in Healthcare	Dr. Poonam Jakhar
	03 PM – 04 PM	Artificial Intelligence and its Prerogatives in Digital Health	Guest faculty
24.9.26	08 AM – 09 AM	Measuring the Mind: Introduction to Psychiatric Screening and Rating Scales	Dr. Mahendra Sharma
	09AM- 10 AM	Importance of Yoga and Meditation	Dr. Mahima Sharma
	10 AM – 11 AM	Sports Physiology	Dr. Neha Saboo
	11 AM – 12 Noon	Overview of Indian Systems of Medicine and Evidence-Based Healthcare	Dr. Vaseem N baig
	12 Noon – 01 PM	Doctor patient relationship, patient autonomy, confidentiality, truth telling/disclosure, informed consent, end of life decision, patient rights	Dr. Varun Saini
	02 PM – 03 PM	Integration of Alternative Medicine with Modern Medicine	Guest faculty
	03 PM – 04 PM	Ethics of Organ Donation and Transplantation	Dr. Chandrajeet Singh Chandel
25.9.26	08 AM – 10 AM	Infection control and triage:Isolation, contact tracing and public health policies	Dr Shivprakash Sharma
	10 AM – 11 AM	Resource allocation in pandemics: vaccine distribution, ethics and	Dr. Chhavi Shripat

		emergency logistics	
	11 AM – 12 Noon	Beyond the white coat: Career and Life	Guest faculty
	12 Noon – 01 PM	Pharmacovigilance	Dr. Alka Bansal
	02 PM – 04 PM	Mentor–Mentee Allocation and First Mentor–Mentee Interaction	Dr. Reshu Gupta
26.9.26	08 AM – 09 AM	History of Medicine	Dr. Manju Jha
	09 AM – 11 AM	Principles of Primary Healthcare	Dr. Vaseem Naheed Baig
	11 AM – 01 PM	White coat ceremony	Medical Education
	02 PM – 03 PM	HIV/ AIDS	Dr. Nilofar Khayyam
	03 PM – 04 PM	Teaching learning methods	Dr. Sonali Sharma
28.9.26	08 AM – 01 PM	Visit to Primary Health Centre (PHC)/Family adoption Program	Department of Community Medicine
	02 PM – 04 PM	Sports & Extra Curricular Activities	SPORTS COMPLEX Dr. Susheel Kumar
29.9.26	08 AM – 09 AM	Malpractice and Negligence	Dr. Poonam Jakhar
	09 AM – 11 AM	Sports & Extra Curricular Activities	SPORTS COMPLEX Dr. Jitendra Panda
	11 AM – 12 Noon	Imunization ledger: vaccination requirements and booster needs for healthcare professionals	Dr. Shiv Prakash
	12 Noon – 01 PM	Art of Bandaging	Dr. Ajay Kalyanwat
	02 PM – 04 PM	Student–Mentor interaction / reflection / feedback	Respective allotted mentors

Note: 1 PM- 2PM Lunch.

The FOUNDATION COURSE for Phase 1 MBBS Students for the Year 2026-27 will commence at the beginning of academic year on September 15th 2026. It shall be of two weeks duration which incorporate introduction to various soft skills, professional development and ethics, sports and extracurricular activities and is intended to familiarize the student with the new environment. **Minimum 75% Foundation Course attendance is mandatory and is to be certified by the Principal/Dean;** as per NMC regulations.

Coordinator of course: Dr Reshu Gupta, Professor, Department of Physiology Coordinator, Medical Education Unit, RUHSCMS


Principal & Controller
 RUHS College of Medical Sciences

No. RUHS-CMS/Academic/2026-27/ Sp-2-5

Date: 15/09/2026

Copy forwarded to members for information and necessary action:

- 1- P.A. to Principal & Controller, RUHS College of Medical Sciences, Jaipur
- 2- HOD. All departments, RUHS College of Medical Sciences, Jaipur
- 3- MOIC, Academic (I, II & III), RUHS College of Medical Sciences, Jaipur
- 4- Guard File.


Additional Principal
 RUHS College of Medical Sciences